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Short-term accumulation and elimination of carbon-14 in the common carp *Cyprinus carpio* under laboratory conditions

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Abstract

This study examined the short term transfer of carbon-14 (¹⁴C) in the common carp Cyprimus carpio under laboratory conditions. Various experiments were achieved in order to investigate direct or trophic transfer for 4 days, using waterborne ¹⁴C-labelled arginine or ¹⁴C-labelled food pellets respectively. Radiolabelled food was prepared with ¹⁴C-labelled arginine or glucose in order to test how transfer kinetics might vary with the biochemical form of ¹⁴C. Elimination experiments were achieved using fish fed for 5 days on radiolabelled food and then placed under starvation for 4 days. In all experiments, water, food and fish activities were monitored every day. Different fish fractions (whole body, muscle) were sampled in order to elucidate the role of muscle as a potential storage. Results suggested that direct water-to-fish absorption rate was 20% d⁻¹ per fish. Carps incorporated 14.3% of the absorbed ¹⁴C. Fish activity did not increase over days, due to a strong decrease in ¹⁴C concentration in the water (resulting from aquarium sorption). During trophic transfer experiments, food was entirely ingested and ¹⁴C sources rapidly assimilated. For either arginine or glucose, results suggested that 19-20% of ingested ¹⁴C was incorporated, yielding a significant increase in fish activity over days. No difference in mass-specific activity was observed among muscle and whole body. Total activity in the muscle represented 29%-32% of whole body activity, this proportion reflecting the contribution of muscle to whole body weight. During elimination experiments, results showed a significant decrease in whole body total activity and massspecific activity with arginine. The decrease was not significant with glucose due to a great variability among fish. Results suggested that an essential amino-acid like arginine can be used as an energy source under starvation and that muscles can act as a storage for essential amino-acids.

Keywords: ¹⁴C transfer kinetics; freshwater fish; arginine and glucose metabolism.

1 1. Introduction

The radioactive isotope ¹⁴C, also known as carbon-14 or C-14, is present in the environment 2 as an infinitesimal proportion (10⁻¹²) of total carbon. In fact, carbon is almost entirely 3 represented by its two stable isotopes, ¹²C and ¹³C, contributing 98.9 and 1.1% of the total 4 respectively. The main source of ¹⁴C in the environment is natural, resulting from the reaction 5 6 of cosmic neutrons with nitrogen atoms in the high atmosphere. The atmospheric pool of natural 14 C is estimated at 1.4 x 10¹⁷ Bq, with a half-life of 5730 years and a production rate of 1.4 x 7 10¹⁵ Bq per year (UNSCEAR, 2008). However, ¹⁴C also has several anthropogenic origins. 8 First, nuclear weapon testing caused a rapid doubling of ¹⁴C proportion in all environmental 9 10 compartments during the second half of the 20th century. This proportion gradually decreased after the end of testing, to return to its initial level during the 2010 decade (McGee et al., 2004; 11 Otlet et al., 1997; Roussel-Debet et al., 2006; Roussel-Debet, 2014). Second, ¹⁴C is the 12 radionuclide released in greatest amount by nuclear reprocessing plants and nuclear power 13 plants (NPP) in normal operation (Florence & Hartmann, 2003; Garnier-Laplace et al., 2009). 14 In France for example, an average activity from 1.5 to 3.0×10^{11} Bg is released every year by 15 a pressurized water reactor (Florence & Hartmann, 2003). A major part of this radioactivity 16 (approximately 85–95%) is released into the atmosphere as CO₂ and CH₄, while 5–15% is 17 released into the rivers as dissolved CO₂ with liquid effluents (EDF, 2014). 18

Following the cycle of carbon, both anthropogenic and natural ¹⁴CO₂ enter aquatic food 19 webs through photosynthesis and primary production and are transferred towards higher trophic 20 21 levels. In order to assess the consequences for the environment and for human health, transfer models are used to predict ¹⁴C activity in fish and the associated dose for human consumers, 22 based on average amounts released over the year (Avetisov et al., 2001; Boyer & Beaugelin-23 Seiller, 2002; Galeriu et al., 2007; Le Dizès et al., 2012). These models assume that ¹⁴C 24 behaviour is similar to that of stable carbon and that a common isotopic ratio is shared among 25 water and aquatic organisms. Predictions suggest that anthropogenic ¹⁴C is the main contributor 26 to the absorbed dose of 1 µSv per year, approximately estimated for generic fish consumers 27 living in the vicinity of NPP (Mourlon & Vermorel, 2014; Siclet, 2001; Siclet et al., 2002; 28 UNSCEAR, 2000). This should be noted that this dose remains largely lower than the annual 29 legal limit of 1 mSv per year for the public. However, the estimated dose is calculated for 30 equilibrium ¹⁴C concentrations and does not consider time variations observed in the field. In 31

fact, aquatic discharges by NPP generally occur 2 or 3 times per month, depending on operating requirements, causing a temporal variability in ¹⁴C activity in the water (Siclet et al., 2002). As a result, mass-specific ¹⁴C activity shows a greater variability over time in water in the aquatic systems than in the terrestrial environments, with bicarbonate varying from 150 to 250 Bq ¹⁴C per kg C (Florence & Hartmann, 2003). Finally, mass-specific ¹⁴C activities in fish range from 200–240 Bq ¹⁴C per kg C (in areas outside NPP influence) to 300–1000 Bq ¹⁴C per kg C (in areas under NPP influence), but this variability is not clearly understood (EDF, 2014).

In order to address variations in ¹⁴C concentrations in the water over time, dynamic transfer 39 models have been established (Sheppard et al., 2006; Smith, 2006). However, these models do 40 not take account of differences in fish physiology among species (ingestion rate, growth rates, 41 etc.) varying with age and with environmental factors such as temperature or resource 42 availability. In this context, physiology-based models such as those based on the Dynamic 43 Energy Budget (DEB) Theory (Kooijman, 2010) appear as an interesting alternative. For more 44 than two decades, DEB models have been used to describe, in a generic way, how organisms 45 take their energy from food and allocate it to major biological functions in a growing range of 46 animal species (Add-my-pet collection, 2018). This modelling approach offers a unique 47 conceptual framework to predict time-varying metabolic responses as a function of temperature 48 and food (Kooijman, 2010). One particularly interesting extension of the DEB theory, the 49 Dynamic Isotope Budget (DIB) model (Pecquerie et al., 2010) was developed to study the 50 fluxes of C, N, H and O isotopes within organisms. DIB models are used to analyse the 51 composition in stable isotopes (¹³C and ¹⁵N), which reflects species trophic position in food 52 webs. The approach, which was applied to ¹³C and ¹⁵N in the pacific oyster Crassosteas gigas 53 only (Emmery et al., 2011), might be highly useful to predict ¹⁴C transfer in aquatic organisms. 54 The approach requires adequate experimental data which are too scarce in the literature. In this 55 context, the present study aims to investigate direct and trophic ¹⁴C transfer in the common carp 56 Cyprimus carpio, as a representative species inhabiting French rivers. Furthermore, 57 accumulation and elimination kinetics might vary depending on the biochemical form of ¹⁴C 58 and this hypothesis is tested using various ¹⁴C sources, including arginine (an essential amino 59 acid for carps) and glucose (an important source of energy in a majority of animal species) 60 (Bouche & Vellas, 1975; Murai et al., 1986; Nagai & Ikeda, 1971a, 1971b; Ranson, 2003). 61

62 2. Materials and methods

63 **2.1. Fish maintenance**

Juvenile common carps *(Cyprinus carpio)* were obtained from Saint-Julitte fish farm (Saint-Flovier, France). Fish were kept in the laboratory in 400 L-tanks. Water was maintained at 18°C (\pm 1°C), in agreement with average temperature in La Vienne river (France), continuously oxygenated and filtered, and partly renewed (50%) every day. Water quality was monitored on a daily basis (pH = 8 and nitrite concentration <50 mg L⁻¹). Fish were fed at a daily ratio of 3% w/w with sinking food pellets for carps (« T-Etang » 5-mm pellets, composition in SI Table S1) purchased from Le Gouessant (Lamballe, France).

Before experiments, carps were acclimated to experimental conditions for 3 weeks. Each carp was kept in an individual aquarium of 8 L and fed a daily ration of 0.3 g per fish. Water was maintained at $18^{\circ}C$ ($\pm 1^{\circ}C$), oxygenated with constant air bubbling and partly renewed (20%) every day.

75 **2.2. Food contamination and desorption**

¹⁴C-labelled solutions of arginine and glucose (arginine $L-[^{14}C(U)]$ and glucose $D-[^{14}C(U)]$, 76 97% purity, 1.85 MBq) were purchased from PerkinElmer (Courtaboeuf, France). ¹⁴C-Arginine 77 and ¹⁴C-Glucose were stored at 4°C in ethanol solutions of 2% and 90% respectively. 78 Radiolabelled food was prepared by mixing 15 g of ground food pellets with 17.7 mL of UHQ 79 water and 292 µL of ¹⁴C-solution (arginine or glucose). The homogenised mixture was divided 80 into 5-mm pellets which were dried for 2 days at 60 C. In order to reduce the potential loss of 81 ¹⁴C into water during feeding experiments, radiolabelled food pellets were coated with agar-82 83 agar (using 0.08 g of agar in 10 mL of water) and dried for another 2 days at room temperature. Five samples of 0.1 g were collected in order to estimate ¹⁴C activity in the food by liquid 84 85 scintillation.

¹⁴C desorption from food to water was investigated in order to determine how long radiolabelled food pellets should be left in water during the feeding experiments. To do so, 0.1 g of ¹⁴C-labelled food was placed in a vial containing 5 mL of water. Working with a small volume was necessary to avoid ¹⁴C dilution and keep water activity above the detection limit by liquid scintillation. Five replicate vials were used to monitor ¹⁴C activity in water after 2, 5, 10, 20, 30 and 60 min. Each time, 1 mL of water was collected from each vial and 1 mL was added to achieve a volume of 5 mL again.

93 **2.3. Direct transfer experiment**

This experiment aimed to estimate the magnitude of direct water-to-fish ¹⁴C transfer. To do 94 so, 30 000 Bq of ¹⁴C-labelled arginine were added to each aquarium containing a fish in 8 L of 95 water (yielding a ¹⁴C concentration of 3750 Bq L⁻¹ on Day 0). A solution of ¹⁴C-labelled 96 arginine at the same concentration was used on Days 1 and 3, to bring the volume back to 8 L 97 and compensate water evaporation. Direct absorption was estimated by measuring ¹⁴C activity 98 in water and fish after 1, 3 and 4 days. Two fish were collected on each sampling day. Water 99 samples of 1 mL were collected before and after water addition. Control aquaria were also 100 prepared to monitor the background decline in water activity without fish. 101

102 Changes in ¹⁴C activity in water were described assuming exponential decay models, with 103 coefficients k_f and k_b associated with fish absorption and background aquarium sorption. On 104 this basis, ¹⁴C concentration $[C_{14}]_t$ in the water at time *t* was calculated as:

105
$$[C_{14}]_t = [C_{14}]_{t_0} \cdot exp(-k \cdot (t - t_0))$$

where $[C_{14}]_{t_0}$ is ¹⁴C concentration in the water at time t_0 , and $k = k_f + k_b$ measured in presence of carps or $k = k_b$ measured in control aquaria respectively.

108

2.4. Trophic transfer experiments

109 Feeding experiments were carried out in order to estimate the magnitude of trophic foodto-fish transfer. Before the beginning of experiments, fish were starved for two days, in order 110 to stimulate food intake. During the feeding experiments, carps were fed for 4 days a daily 111 ration of 0.3 g per fish using ¹⁴C-labelled food pellets. Food was left in water for 10 min 112 maximum, in order to minimize ¹⁴C desorption to water and direct absorption by fish. After this 113 time, non-ingested pellets were collected, weighed and analysed by liquid scintillation. In a few 114 cases, fish did not eat their daily ration and were discarded from experiments. Three fish were 115 collected on days 1, 2, 3 and 4 (total of 12 fish). Every day during feeding experiments, faeces 116 were collected and 1 mL of water was sampled before and after feeding. 117

118 Trophic transfer was considered following a succession of processes, including:

119 - ingestion, where a fraction of 14 C supplied with food entered fish digestive tracts;

120 - assimilation, where a fraction of ingested ¹⁴C entered fish organisms through the intestinal

121 epithelium;

- incorporation, where the fraction of assimilated ¹⁴C became part of the fish body (as opposed to assimilated ¹⁴C which was immediately used as an energy source and released as ¹⁴CO₂
within 24 h).

125 **2.5. Elimination experiments**

Elimination experiments aimed to investigate how fast fish might use incorporated ¹⁴C as an energy source under starvation. Before experiments, carps were fed for 5 days a daily ration of 0.3 g per fish using ¹⁴C-labelled food pellets. At the beginning of experiments, half of the volume was replaced with clean water in order to reduce ¹⁴C concentration in the water and direct absorption by fish. During the elimination experiments, carps were starved for 4 days. Three fish were collected on days 2, 3 and 4 (total of 9 fish). Every day during elimination experiments, faeces were collected and 1 mL of water was sampled in each aquarium.

133

2.6. Sample treatments and ¹⁴C analyses

Each carp was euthanized immediately and its body size and wet weight (ww) were measured. Different fractions (muscles, rest of the body) were dissected, weighed and homogenised with a blender. Three replicate samples of 1 mL approximately were collected from each homogenised fraction. Collected faeces and food samples were dried at 60°C overnight. All samples (including water samples of 1 mL) were transferred into scintillation vials and weighed.

Mineralisation was achieved at 60°C for 2 days, after addition of 1 mL of NaOH 1 M (dried faeces, dried food and water samples) or 5 mL of NaOH 1 M (fish samples). One mL of each mineralised fish sample was transferred into a new scintillation vial. Mineralised fish, faeces and food samples were diluted with 1 mL of UHQ water to achieve a final volume of 2 mL. All samples were diluted with 18 mL of Ultima Gold cocktail (PerkinElmer, Boston, USA) and ¹⁴C radioactivity was quantified with a liquid scintillation counter (Quantulus 1220 (Wallac– PerkinElmer, Finland; detection limit: 30mBq).

147 **2.7. Data analyses**

All statistical analyses were conducted using the statistical computing software R (RStudio, 2020). Two-factor ANOVA and linear regressions were achieved with the routine *lm*. Validity assumptions including errors independence and normality were assessed using Durbin and Watson test and Shapiro test, respectively. Errors homogeneity was assessed using Bartlett test (ANOVA) and Breush-Pagan test (linear regression). All analyses were achieved with alpha
risks *< 0.05, **< 0.01, ***< 0.001.

154 **3. Results**

3.1. Direct ¹⁴C transfer from water

With dissolved radiolabelled arginine, water ¹⁴C activity declined significantly over time in 156 all aquaria (Figure 1). The observed decline was significantly stronger in aquaria with fish than 157 in control aquaria (SI Table S2A). Linear regression yielded exponential coefficients 158 $k_b = 0.260 \pm 0.016 \text{ d}^{-1}$ and $k_f + k_b = 0.552 \pm 0.035 \text{ d}^{-1}$ respectively (n = 24 and p.c. < 0.001 in 159 both cases). These results suggested a background sorption rate of 23% d⁻¹ and a fish absorption 160 rate of 20% d⁻¹. Estimated ¹⁴C absorption rate per fish decreased over time, as a result of 161 declining water ¹⁴C activity, with average values ranging from 4650 ± 1040 Bg d⁻¹ over 1 day, 162 3010 ± 300 Bq d⁻¹ over 3 days, to 2600 ± 150 Bq d⁻¹ over 4 days. Cumulated ¹⁴C absorption 163 represented total activities per fish of 4550 ± 1040 , 9030 ± 850 and 10400 ± 800 Bg over 1, 3 164 and 4 days respectively. 165

166 Whole body total activity ranged from 650 ± 20 to 760 ± 450 Bq per fish depending on days (Figure 2A, SI Table S2B). Average mass-specific activities in fish, associated with ¹⁴C 167 incorporation, varied from 13.6 ± 0.4 Bg g⁻¹ on Day 1, 17.7 ± 11.0 Bg g⁻¹ on Day 3, to 168 19.4 ± 8.5 Bq g⁻¹ on Day 4 (Figure 2B, SI Table S2B). This observed increase over time was 169 not significant, due to a great individual variability among fish. Accumulation of ¹⁴C in fish 170 was somehow lessened by the strong decline in arginine concentration observed in water over 171 time. A minor fraction of absorbed ¹⁴C was incorporated to fish, decreasing over time from 172 14.3% on Day 1 to 7.0% on Day 4 in the whole body and from 1.9% on Day 1 to 1.0% on Day 173 4 in the muscle. This result suggested that a major fraction of absorbed ¹⁴C was likely 174 metabolized and eliminated through respiration and excretion. Interestingly, water-to-fish direct 175 transfer (absorption and incorporation) resulted in transfer factors that increased over time, from 176 3.9 to 10.9 in whole body and from 1.7 to 4.7 in muscle. 177

178 **3.2. Food activity**

179 Radiolabelled food showed different mass specific activities depending on the ¹⁴C source, 180 with values of \sim 590 ± 100 Bq g⁻¹ with glucose and 5950 ± 470 Bq g⁻¹ with arginine. When food pellets were placed in water, activity of dissolved ¹⁴C significantly increased in water over time
(Figure 3, SI Table S3). This increase was significantly stronger for arginine than for glucose,
with average desorption from food representing respectively 37 and 25% of initial activity after
1 h. On this basis, we decided to remove food pellets from water after 10 min during feeding
experiments, in order to minimize direct ¹⁴C transfer to fish.

3.3. Trophic transfer

Each day, 0.3 g of radiolabelled food pellets represented an average supply of 1800 Bq and 187 180 Bq per aquarium, with arginine and glucose respectively. As a result, water ¹⁴C activity 188 showed a significant increase over time (Figure 4, SI Table S4A), reaching in 4 days maximum 189 values of 1260 and 250 Bq, with both arginine and glucose respectively. Each day, water ¹⁴C 190 activity also showed an increase caused by food addition (Figure 4, SI Table S4A). This 191 increase was statistically significant with arginine only, due to a relatively great variability in 192 water activity with glucose. Observed values suggested that 250 Bg and 50 Bg approximately 193 desorbed from food during fish feeding. Desorption from food represented 16% and 26% of 194 195 supplied activity, with arginine and glucose respectively.

196 Most fish fed well on radiolabelled food pellets, with only a slight fraction (less than 3%) of supplied food remaining in aquaria after 10 min. Whole body total activity significantly 197 increased over time (Figures 5A and 5C, SI Table S4B). With ¹⁴C-labelled arginine, average 198 values ranged from 385 ± 190 Bq per fish on Day 1 to 1150 ± 270 Bq per fish on Day 4. With 199 $^{14}\text{C}\text{-labelled}$ glucose, average values increased from 35 \pm 15 Bq per fish on Day 1 to 105 \pm 20 200 Bq per fish on Day 4. Recorded whole body activity represented 15–16% of supplied activity 201 in food, and 19-20% of ingested activity (calculated as supplied activity minus desorption from 202 food). Considering a water absorption rate of 20% per day and an incorporation rate of 14.3% 203 (as estimated from direct transfer), observed ¹⁴C desorption from food might result in a direct 204 205 incorporation of 78 and 12 Bq per fish, with arginine and glucose respectively, approximately estimated over 4 days. These values accounted for minor proportions (7% and 12% 206 respectively) of the total activity observed in fish. 207

Muscle total activity similarly increased over time (Figures 5A and 5C), from 78 ± 52 to 330 ± 250 Bq with arginine, and from 10 ± 1.3 to 34 ± 5.3 Bq with glucose. Values represented approximately 29–32% of whole body total activity, independent of days (SI Table S4B). This proportion reflected the contribution of the muscle to whole body weight (28–29%). Mass specific activities (Bq per g⁻¹ ww) increased over time and did not significantly differ between whole body and muscle (Figures 5B and 5D, SI Table S4B). Average values ranged from 7.0 \pm 1.5 to 32 \pm 5.2 Bq g⁻¹ ww with arginine and from 0.5 \pm 0.1 to 1.7 \pm 0.4 Bq g⁻¹ ww with glucose. Associated trophic transfer factors (TTF, as Bq g⁻¹ ww per Bq g⁻¹ water) increased over time, from 1.3% on Day 1 to 6.2% on Day 4 with arginine and from 1.0% on Day 1 to 3.4% on Day 4 with glucose.

218 **3.4. Elimination**

During the preliminary feeding phase, food supply represented a daily activity of 1070 Bq 219 and 145 Bq, with arginine and glucose respectively, reaching a total over 5 days of 5350 Bq 220 and 725 Bq respectively. With arginine, water ¹⁴C activity significantly increased over time, 221 from 1520 Bq on Day 1 to 1950 Bq on Day 5 (Figure 6A). Due to a large variability in activity 222 with glucose, water ¹⁴C activity did not increase significantly over time, varying on average 223 from 350 Bq to 790 Bq among days (Figure 6B). At the beginning of the elimination 224 experiments, water ¹⁴C activity was diluted by a factor of 2. With both arginine and glucose, 225 water ¹⁴C activity did not vary significantly over time during the elimination phase (Figures 6A 226 227 and 6B).

228 With arginine, whole body total activity significantly varied among days of elimination (Figure 7A, SI Table 5), from 2220 ± 300 to 1540 ± 580 Bq per fish. Value on Day 2 229 represented ~41% of ¹⁴C activity supplied with food over the 5 days. With glucose, whole body 230 total activity did not significantly decrease over days of elimination, varying from 105 ± 40 to 231 85 ± 4 Bq per fish (Figure 7C, SI Table 5). With glucose, whole body total activity represented 232 \sim 15% of activity supplied with food, suggesting a much greater ¹⁴C incorporation with arginine 233 than with glucose. Again, considering an absorption rate of 20% per day and an incorporation 234 rate of 14.3% per day for absorption and incorporation respectively (as estimated from direct 235 transfer), observed water ¹⁴C activity might result in a direct incorporation of 220 and 80 Bq 236 per fish, with arginine and glucose respectively, approximately estimated over 5 days of 237 elimination. These activities accounted for 10% and 72% of whole body total activity, and for 238 4 and 10% of supplied food activity, with arginine and glucose respectively. 239

Muscle total activity showed no statistically significant change over time (Figures 7A and 7C), with values ranging from 520 ± 350 to 930 ± 240 Bq with arginine and, from 12 ± 4.9 to 25 \pm 9.9 Bq with glucose. Values represented approximately 34 and 23% of whole body total activity, for arginine and glucose respectively (SI Table 5). These proportions suggested that glucose was eliminated more rapidly than arginine in the muscle. Mass-specific activities did

not differ significantly between the muscle and whole body (Figures 7B and 7D, SI Tables 5). 245 With arginine, values varied significantly among days of elimination, from 50 ± 9.0 to 26 ± 17 246 Bq g⁻¹ ww. With glucose, values did not differ significantly among days of elimination, ranging 247 from 0.6 ± 0.2 to 1.2 ± 0.6 Bg g⁻¹. Associated trophic transfer factors (TTF) ranged from 7.3% 248 to 14% with arginine and from 1.2% to 2.4% with glucose. With glucose, estimated TTF values 249 were similar between the elimination and the feeding experiments. With arginine, estimated 250 TTF values were twice greater during the elimination experiment than during the feeding 251 experiment. 252

253 4. Discussion

Our study addressed ¹⁴C accumulation kinetics in C. carpio during short term direct or 254 trophic contamination experiments. Results with ¹⁴C-labelled arginine showed that carps 255 directly absorbed 20% of waterborne arginine each day, representing approximately the activity 256 in 1.6 L of water (20% of 8 L aquaria). This value was small compared to ventilation volumes 257 expected to be pumped by carps at 18°C (Klyszejko et al., 2003), suggesting that transfer 258 efficiency through gill membranes was below 10%. Results also showed that minor fractions 259 of assimilated ¹⁴C-labelled arginine (ranging from 14 to 20%) were finally incorporated to 260 whole body, implying that a major part was catabolized and released as ¹⁴CO₂ via respiration. 261 This result was in good agreement with previous studies on metabolism of ¹⁴C-labelled amino-262 acids (including essential lysine and non-essential glutamate) and glucose in C. carpio (Bouche 263 & Vellas, 1975; Nagai & Ikeda, 1971b). Authors reported that a significant fraction (45%) of 264 glutamate activity injected into blood was released as ¹⁴CO₂ within 6 h, while a minor fraction 265 (7% only) were stored as hepatic glycerides. Authors further showed that glutamate 266 incorporation varied depending on diet composition, with a similar level of ¹⁴CO₂ production 267 and no ¹⁴C-labelled glyceride storage when carps were fed on a high carbohydrate food (90% 268 starch and 10% casein). In our study, results suggested that arginine incorporation differed 269 270 between direct and trophic experiments (14.3 and 18.6% respectively), suggesting a greater 271 arginine storage when carps were fed than when they were starved. This interpretation was supported by previous results showing that starved carps stopped storing another essential 272 273 amino-acid (¹⁴C-labelled lysine) (Bouche & Vellas, 1975). The present study reported approximately similar proportions of incorporation with ¹⁴C-labelled glucose as with arginine 274 (20% and 19% of ingested activity), suggesting again that a major fraction of glucose was 275

released via respiration or other metabolic paths during trophic experiments. This observation was in good agreement with the recognized limited importance of glucose as energy source in fish (Enes et al., 2009). Other results showed that ${}^{14}CO_2$ production after 6 h was much lower with ${}^{14}C$ -labelled glucose than with ${}^{14}C$ -labelled glutamate (15% and 45% of activity injected into blood respectively), although no important storage of radiolabelled glycogen (limited to 7-8% of injected activity) was observed in fish (Nagai & Ikeda 1971b).

Our study also addressed ¹⁴C elimination kinetics in C. carpio during short term starvation 282 experiments. Results showed that activity of ¹⁴C-labelled arginine decreased in starved carps, 283 whereas no similar decrease was observed with ¹⁴C-labelled glucose. This suggested that carps 284 stored arginine under favourable food conditions and were able to mobilize it during starvation, 285 confirming the role of amino-acids (including essential amino-acids, like lysine or arginine) as 286 an energy source (Bouche & Vellas, 1975; Enes et al., 2009). Other authors pointed the role of 287 muscle as a storage organ for amino-acids in C. carpio. In carps, amino-acids were recognized 288 as a main precursor for lipids, which were seasonally stored in the hepatopancreas during the 289 summer (Kminkova et al., 2001; Nagai & Ikeda, 1971b). Lipids were mobilized in priority 290 under starvation while carbohydrates were consumed when lipid content in hepatopancreas was 291 depleted (Nagai & Ikeda, 1971a). Our data on mass-specific activities supported the role of 292 muscle as amino-acid storage, with a greater mass-specific activity in the muscle during feeding 293 experiments than after starvation. 294

Data reported in the present study aimed to be used to model ¹⁴C transfer in an aquatic 295 ecosystem. In the literature, ¹⁴C transfer models (Sheppard et al., 2006; Smith, 2006) were based 296 on the common assumption that ¹⁴C activity in the various biotic compartments entered the 297 aquatic system through photosynthesis and primary producers only. However, our results 298 showed that highly assimilable nutriments, such as arginine, could directly be absorbed from 299 water, and contribute to a minor fraction of fish 14 C intake during feeding experiments (~10%). 300 While waterborne nutriments, such as valuable amino-acids, might be most likely kept at 301 extremely low concentrations due to biotic activity in the river, any other assimilable molecules, 302 including xenobiotic contaminants or compounds of the degraded organic matter (Eyrolle et al., 303 2018; Jean-Baptiste et al., 2019), might also be involved in a direct and trophic ¹⁴C transfer to 304 aquatic organisms (Saito et al., 1994; Shimizu et al., 1978; Tjeerdema & Crosby, 1988; Velisek 305 et al., 2009). 306

In dynamic models of aquatic ¹⁴C transfer (Sheppard et al., 2006; Smith, 2006), specific 307 activity in fish were assumed to vary over time as a function of ¹⁴C intake from food and C 308 turnover rates measured at an organism or population level. Intake from food was calculated 309 based on food activity, ingestion rate (varying with food availability) and associated 310 assimilation efficiency (or digestibility, i.e. the fraction of ingested food which can enter the 311 organism through the intestinal epithelium). Turnover rates at the organism level included 312 metabolic turnover and dilution by somatic growth. Mortality might also be considered when 313 C turnover was addressed at the population level. In practice, authors acknowledged that a 314 315 precise quantification of ingestion, digestion, assimilation and turnover rates were not easy for wild fish and was complicated by the diversity of their trophic positions in natural food webs. 316 As a consequence, model parameterization relied most often on indirect estimation methods. In 317 Smith, (2006), a generic value of assimilation efficiency was estimated for stable carbon using 318 319 data on growth rates in Brown trout Salmo trutta (Elliott, 1975), assuming that equilibrium among biotic compartments was reached. Long term turnover rates were addressed in a natural 320 lake, by analysing changes in ¹⁴C activities over several years (Stephenson et al., 1994), 321 showing that specific activity in fish was much higher than that measured in their food items at 322 323 the time of sampling. In this context, the present study provided valuable new insights in the short term physiological behaviour of a freshwater fish, showing that rapid fluxes might involve 324 5 times greater amounts of ¹⁴C than measured in fish tissues. This short term dynamics might 325 partially explain the great variability in fish ¹⁴C activity observed in samples from 326 327 radioecological surveys in the French rivers (Duffa et al., 2007).

Addressing both long term and short term changes in ¹⁴C activity in a fish might be difficult 328 using a single compartment model (Sheppard et al., 2006; Smith, 2006). Other authors 329 suggested using at least two compartments, one for structural C and another for temporary 330 storage C (Galeriu et al., 2003), in order to describe more accurately the natural variability in 331 fish activity. Such models were promoted in the framework of the Dynamic Energy Budget 332 theory for several decades (Kooijman, 2010), allowing to mechanistically describe metabolic 333 behaviour of organisms in an increasing range of species in relation with their environment 334 (Add-my-pet collection, 2018). This approach was further extended to address changes in major 335 biogenic elements and their isotopes (Pecquerie et al., 2010). One of our future perspectives 336 should aim to parameterize a DEB model for ¹⁴C in common carps using the data presented in 337 338 the present study.

339 5. Conclusions

Experimental results showed that common carps can absorb ¹⁴C-labelled molecules via direct and trophic routes, with different transfer efficiencies depending on feeding condition and biochemical form of ¹⁴C. A major fraction of absorbed ¹⁴C was catabolized and released as ¹⁴CO2 on the short term. A minor fraction of ¹⁴C was incorporated into organism tissues, contributing to a rapid increase in fish ¹⁴C activity. Freshwater ¹⁴C transfer models need to consider the influence of ecophysiological conditions on short term ¹⁴C kinetics in order to address rapid variations in freshwater fish activity.

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473

474 7. Figure captions

Figure 1. Changes in water ¹⁴C activity over time, due to absorption of dissolved radiolabelled arginine measured in 8 L-aquaria with 1 fish or no fish, and expressed as percent of mean activity on Day 0. Symbols and error bars represent mean \pm standard deviation. Dotted lines represent linear regressions, with statistical significance of slopes (n = 24 and $p.c. < 0.001^{***}$ each time; brackets indicate that the homogeneity assumption is not validated). Two-factor ANOVA (n = 48, see SI Table S2A for details): significant effects of Days (p.c. < 0.001), Fish (p.c. < 0.001) and Days × Fish (p.c. < 0.001) on water activity.

Figure 2. Changes in fish ¹⁴C activity over time, due to incorporation of radiolabelled arginine, measured in different fish fraction (whole body or muscle), and expressed (A) as total activity (Bq per fish) and (B) as mass specific activity (Bq g⁻¹ ww). Symbols and error bars represent mean \pm standard deviation. Dotted lines represent linear regressions, with no statistical significance of slopes (n = 6 and p.c. > 0.05 each time). Two-factor ANOVA (n = 12, see SI Table S2B for details): significant effects of Fraction on total activity ($p.c. = 0.0025^{**}$) and mass specific activity ($p.c. = 0.043^{*}$).

Figure 3. Changes in water ¹⁴C activity over time, due to desorption of different radiolabelled sources (arginine or glucose), and expressed as percent of activity supplied in food at 0 min. Symbols and error bars represent mean \pm standard deviation. Dotted lines represent linear regressions, with statistical significance of slopes (n = 30 and $p.c. < 0.001^{***}$ each time). Twofactor ANOVA (n = 60, see SI Table S3 for details): significant effects of Time ($p.c. = 0.016^{*}$), Source ($p.c. < 0.001^{***}$) and Time × Source ($p.c. = 0.0085^{**}$) on water activity.

Figure 4. Changes in water ¹⁴C activity over time, measured prior or after feeding, using radiolabelled food with (A) arginine or (B) glucose, and expressed as total activity in 8 L (Bq). Symbols and error bars represent mean \pm standard deviation. Dotted lines represent linear regressions, with statistical significance of slopes (n = 24 and $p.c. < 0.001^{***}$ each time). Twofactor ANOVA (n = 24, see SI Table S4A for details): significant effects of Days (p.c. <0.001^{***}) and Feeding ($p.c. = 0.0019^{**}$) on water activity with arginine; significant effect of Days ($p.c. = 0.0037^{**}$) on water activity with glucose.

Figure 5. Changes in fish ¹⁴C activity over time, due to incorporation of radiolabelled arginine
(A and B) or glucose (C and D), measured in different fish fraction (whole body or muscle),

and expressed as total activity (Bq per fish) and mass specific activity (Bq g^{-1} ww). Symbols 504 and error bars represent mean \pm standard deviation. Dotted lines represent linear regressions, 505 with statistical significance of slopes $(n = 12 \text{ and } p.c. = 0.0016^{**} \text{ and } p.c. = 0.046^{*}, p.c. = 0.046^{**}, p.c$ 506 0.0013^{**} and p.c. = 0.0011^{**} , or p.c. < 0.001^{***} otherwise; brackets indicate that the 507 homogeneity assumption is not validated). Two-factor ANOVA (n = 24, see SI Table S4B for 508 details): significant effects of Days (*p.c.* = 0.0024^{**} or *p.c.* = 0.0043^{**}) and Fraction (*p.c.* < 509 0.001^{***} or p.c. < 0.001^{***}) on total activity with arginine or glucose; significant effects of 510 Days (*p.c.* $< 0.001^{***}$ or *p.c.* $< 0.001^{***}$) on mass specific activity with arginine or glucose. 511

Figure 6. Changes in water ¹⁴C activity over time, measured during preliminary feeding or fish elimination, using radiolabelled food with (A) arginine or (B) glucose, and expressed as total activity in 8 L (Bq). Symbols and error bars represent mean \pm standard deviation. Dotted lines represent linear regressions, with statistical significance of slopes (n = 44 and $p.c. < 0.001^{***}$; n = 14 to 29 and p.c. > 0.05 otherwise; brackets indicate that the independence assumption is not validated).

Figure 7. Changes in fish ¹⁴C activity over time, due to elimination of incorporated radiolabelled 518 arginine (A and B) or glucose (C and D), measured in different fish fraction (whole body or 519 muscle), and expressed as total activity (Bq per fish) and mass specific activity (Bq g^{-1} ww). 520 Symbols and error bars represent mean \pm standard deviation. Dotted lines represent linear 521 regressions, with no significance of slopes (n = 9 and p.c. > 0.05 each time). Two-factor 522 ANOVA (n = 18, see SI Table S5 for details): significant effects of Days ($p.c. = 0.0037^{**}$) and 523 Fraction (p.c. $< 0.001^{***}$) on total activity with arginine; significant effect of Days (p.c. = 524 0.0039^{**}) on mass specific activity with arginine; significant effect of Fraction (p.c. < 525 0.001^{***}) on total activity with glucose. 526

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Souloumiac et al, Figure 1





Souloumiac et al, Figure 2



Souloumiac et al, Figure 3



Souloumiac et al, Figure 4



Souloumiac et al, Figure 5



Souloumiac et al, Figure 6

